

## **The Balance Program: A Parent-Professional Collaborative Approach to Emerging Problem Behavior**

NJABA is excited to partner with FTF Behavioral Consulting to offer an opportunity to learn about the Balance Program, an approach developed by Dr. Greg Hanley for addressing severe problem behavior for children with ASD. The two-part webinar series will take place on the below dates.

- Part 1: Tuesday, November 10, 2020 from 3:30pm – 4:45pm (1.5 CEU)
- Part 2: Tuesday, November 17, 2020 from 3:30pm – 4:45pm (1.5 CEU)

**Abstract:** Programs that prevent the development of severe problem behavior in young children with autism spectrum disorders (ASD) are critically needed. This webinar will describe a program designed to do this and report on a preliminary evaluation of its effects with four, 3- and 4-year old children with ASD. Parents served as the primary implementers, with twice-weekly coaching from a Board-Certified Behavior Analyst (BCBA). Direct measures and Aberrant Behavior Checklist scores reflected decreases in emerging problem behavior. Direct measures also reflected increases in child communication, social and cooperation skills, and parents rated the process as highly acceptable.

### **Part 1: Background, Rationale and Overview**

- Objectives:
  - Attendees will be able to distinguish between short-term strategies for avoiding problem behavior and long-term strategies for preventing its development.
  - Attendees will be able to identify components of the Balance Program that may contribute to the prevention of problem behavior.

### **Part 2: Program Format and Content**

- Objectives:
  - Attendees will be able to describe the role of the parent/caregiver and the role of the BCBA in the Balance Program.
  - Attendees will be able to describe the processes by which BCBA's teach parents and parents teach their children.